eliminating racism empowering women



Central Massachusetts

Building Better Lives. Stronger Communities. Brighter Futures.

COMMUNITY REPORT 2022

ANISSION

YWCA is dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom and dignity for all.

For 137 years, YWCA Central Massachusetts has served as a life-long positive force for women and girls, their families and communities. By leveraging the reach, power and passion of our members and supporters, we have created lasting change.

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LETTER FROM CHIEF EXECUTIVE OFFICER AND BOARD PRESIDENT

Dear Friends,

Since we last met, the world has reopened with great verve. People are engaging in person again. It has been a fast-paced year with challenges and victories. We have continued to navigate the world of work with opportunities to think about how different it might look while having conversations about workplace equity.

We have responded to our community's need for housing and mental health services. With additional funding we received, we can now assist survivors of domestic violence with housing. However, affordable housing proves elusive for those we serve. The residual mental health effects of COVID linger, and we find children with emotional delays, survivors experiencing elevated levels of danger, and employees who have dealt with tremendous personal loss.

While this year's Congress is more diverse than ever before, including a record number of people of color and women, we saw the overturning of Roe v. Wade, the continuation of systemic killing of Black people, and the unrelenting attack on the fundamental human rights of the LGBTQIA+ community. As I write this, North Carolina becomes the 20th state to strip people of their right to choose when they reproduce.

Our response to these assaults on fundamental rights was to strengthen our resolve and to stand unequivocally behind our mission: **To eliminate racism, empower women and promote peace, justice, freedom, and dignity for all**. We still have a long way to go, but we will continue to use our voices to advocate **until justice just is.**

YWCA Central MA mobilized around reproductive inequities as we coordinated with other organizations to make our voices heard at a reproductive rally held on City Hall Plaza. We continued to do the work in the community by providing much sought-after DEI workshops, coalescing with others demanding that the voices of survivors be heard, and testifying at Senate hearings for legislation that would help survivors of sex trafficking thrive.

Additionally, we convened candidate forums and encouraged the community to get involved in local elections. And we have held community events addressing Black Maternal Health, Gender Inclusiveness, Reproductive Equity, Medical Advocacy, and Keeping Black Survivors Alive.

We get up and do the work of justice every day. We thank the community for your continued support and look forward to continuing this important work together. Because together, we can build a future where everyone is empowered, every program participant realizes their potential, and every person thrives. Let us embrace the challenges ahead with resilience, empathy, and determination. By empowering our families, program participants, and community and by advancing justice to ensure equity for all, we will pave the way for a brighter and more inclusive future.

Achored Hall

Debbie Hall Chief Executive Officer



Christienne Bik Board President

EARLY EDUCATION & AFTER SCHOOL

BY THE NUMBERS:

293 children served daily in all programming

52 preschoolers graduated to kindergarten

160 youth attended summer camp

94.43% Worcester accreditation score

YOUTH DEVELOPMENT

BY THE NUMBERS:

148 middle and high school girls participated in Girls CHOICE

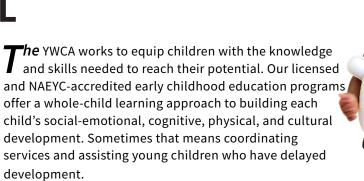
92

youth on average participated daily in Summer YouthConnect

242

7th & 8th grade girls participated in **Girls Promoting Safety**

41 pregnant and parenting teens worked towards achieving their HiSET



One-year-old Nathan was evaluated by the YWCA using the Ages & Stages screening tool. The results showed significant speech, language, and gross and fine motor skills delays.

For Nathan's family, this was a scary and overwhelming realization. The thought of their child needing extra help to keep up with his peers was daunting, especially considering the accessibility of specialized services.

With the help of the YWCA, Nathan's family could access services through Thom Early Intervention to help prepare him for preschool. Thom worked one-on-one with Nathan, visiting his classroom weekly to address his developmental delays. With early intervention, Nathan received the support he needed to thrive and succeed in his education.

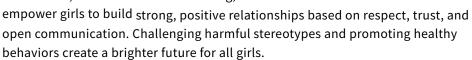
"Girls Choice to me, is a place where I can be me, and also learn different skills that will and has helped me in my every day life."

Teenage girls often believe jealousy is a good thing in a relationship,

leading to unhealthy behaviors such as possessiveness, control, and even violence.

This misconception can have serious consequences, leading to girls staying in abusive relationships and not seeking help or support. It can also affect their self-esteem and sense of self-worth, as they may feel they must compete with other girls for their partner's attention and affection.

The YWCA is dedicated to educating middle and high school girls about healthy relationships and helping them recognize red flags that may indicate an unhealthy dynamic. Through interactive workshops, group discussions, and one-on-one mentoring, we





omestic violence is a serious issue affecting many individuals and families, leaving them fearful, alone, and isolated.

ENDING

DER-BASED

Rachel's story is just one example of the devastating impact that domestic violence can have on a person's life. After enduring emotional and physical abuse for years, Rachel had to find the courage to leave her abusive partner. Even though she found refuge in the YWCA's domestic violence emergency shelter, she still faced feelings of guilt, worry, and fear for the future.

With the help of an advocate at the YWCA, Rachel was able to rebuild her life. She found work, childcare for her children, and eventually a home to call her own. The YWCA provides crucial support and resources for individuals like Rachel seeking to break free from the cycle of domestic violence.



Three years ago, Sheila was living independently in her own apartment. Life was good until her landlord raised her rent.

Living on a fixed income due to a disability, she could no longer afford her apartment. Sheila quickly became one of the thousands of un-housed individuals living in Worcester couchsurfing between family and friends because she couldn't afford a place to live.



After being unhoused for two years,

Sheila's situation became unbearable. She yearned for a place of her own, but her financial situation made that impossible. She felt stuck and hopeless.

Sheila eventually found her way to the YWCA's Transitional Housing Program. The program provided a safe and supportive place to live, taught her crucial money management skills, provided case management and referrals to community resources. Within a year, Sheila qualified for housing assistance. With that help and the money she saved while in the program, Sheila could now transition into permanent subsidized housing, finally achieving the independence she had been dreaming of.

DOMESTIC VIOLENCE SERVICES



BY THE NUMBERS:

748 individuals received DV advocacy, counseling or crisis intervention services

898 individuals received assistance in obtaining protective orders from the court

241 DV survivors, who reported to police, received assistance from DV advocates

HOUSING **& SHELTER**



BY THE NUMBERS:

2,454 domestic violence helpline calls to shelter answered

61

adults and children provided with confidential emergency shelter

47

women lived in transitional housing

19

individuals & families successfully transitioned from shelter into permanent housing

*Names have been changed for privacy

RACIAL & **GENDER** EQUITY

BY THE NUMBERS: 150

individuals attended the

Stand Against Racism event

30 racial Justice Virtual Challenge participants

9 racial and gender equity virtual & in-person events

WELLNESS & HEALTH EQUITY

BY THE NUMBERS: 938

individuals received breast cancer outreach and education services

40% increase in EncorePLUS & WoC-C support group participation

186 individuals participated in swim programs

he rights of society's most vulnerable are being stripped away and their voices silenced. Women and girls, people of color, people experiencing poverty, and disenfranchised are particularly affected.

The YWCA's racial justice and gender equity, and

advocacy work are making strides in bringing issues affecting these populations to the forefront. We are working towards a more equitable and just society by recommending policy changes and providing workshops to educate and inform the community.

In 2022, the YWCA brought together several local community organizations, including AIDS Project Worcester, Pathways for Change, League of Women Voters of Worcester Area, the Jane Fund of Central Massachusetts, Worcester NAACP and Planned Parenthood League of Massachusetts, and others, to rally at City Hall to protest the U.S. Supreme Court's decision to overturn Roe v Wade. We addressed the rising maternal and infant health disparities among women of color, brought attention to the voices and experiences of Black women living with trauma and abuse, and so much more.

We must continue to speak out and work together to ensure that the voices of all people are heard and their rights protected.

D osie was living independently, but a chronic knee condition and anxiety **N** prevented her from being physically active. Being inactive was causing her to become increasingly immobile and limited in her abilities. Both of which were impacting her quality of life.

During the past year, the YWCA implemented the Active Living Every Day (ALED) at five Worcester Housing Authority sites, including Rosie's. ALED is an evidence-based behavior modification and fitness program designed to help seniors overcome the barriers preventing them from being physically active. Rosie participated in every class of the 12-week program and was motivated enough to start a walking program. Rosie began slow walking for



just two to five minutes, but it wasn't long before she took extended walks. This not only increased her overall strength but it also helped with her knee pain and lessened her anxiety. Thanks to the ALED program, Rosie began feeling much better about herself and more optimistic about life in general.



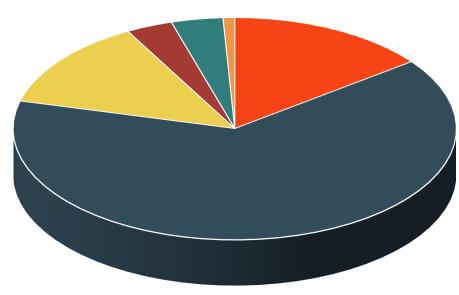
Ribbon-cutting ceremony to celebrate the opening of a Little Free Library at our Westborough Early Learning Center.





Thank you Regional Environmental Council (REC) for teaching our pre-schoolers about healthly food!

FINANCIAL OVERVIEW



Income Sources for the Year Ended September 30, 2022

Total operating revenues = \$10,915,121

- 64% Government Fees/Grants
- 15% Program Service Fees
- 4% Capital Campaign Contributions
- 13% Contributions & Grants*
- 3% United Way
- 1% Other**

*Includes: Special events net **Includes: Investment income, in-kind, membership dues and miscellaneous income

Expenses for the Year Ended September 30, 2022

Total expenses = \$8,897,295

74% Program Services/Support

- 23% M & G and Fundraising
- 3% Facilities

STATEMENTS OF FINANCIAL POSITION SEPTEMBER 30, 2022 AND 2021

ASSETS

CURRENT ASSETS: Cash, cash equivalents and restricted cash Investments Program service fees receivable Other accounts receivable Pledges receivable, current

Prepaid expenses and other

Receivable from Affiliates

Total current assets

PLEDGES RECEIVABLE, non-current PROPERTY AND EQUIPMENT, net INVESTMENTS, long-term NOTE RECEIVABLE INVESTMENT IN AFFILIATES **TOTAL ASSETS**

LIABILITIES AND NET ASSETS

CURRENT LIABILITIES: Accounts payable Accrued expenses Current portion of long-term debt Current portion of renovation project loans Current portion of capital lease obligations Deferred revenue Payable to Affiliates

Total current liabilities

LONG-TERM DEBT, net of current portion LONG-TERM RENOVATION PROJECT LOANS, net of current portion and debt issuance costs LONG-TERM PORTION OF CAPITAL LEASE CONTINGENT LOANS

NET ASSETS:

Without donor restrictions With donor restrictions

Total net assests

Total liabilities

TOTAL LIABILITIES AND NET ASSETS

2022	2021
\$ 1,569,543	\$ 1,006,424
284,213	35,013
779,493	572,390
149,300	219,360
300,826	342,886
3,165	5,074
130,248	32,258
3,216,788	2,213,405
147,758	227,700
2,063,281	1,886,712
1,697,567	2,019,342
13,751,117	16,620,400
12,598	12,598
\$ 20,889,109	\$ 22,980,157
\$ 57,730	\$ 70,583
342,094	268,022
29,363	28,841
841,045	891,045
4,271	4,017
12,923	10,888
166,449	241,746
1,453,875	1,515,142
323,747	353,135

1,505,100	4,739,704
4,150	8,422
3,340,000	3,290,000
6,626,872	9,906,403
12,005,968	11,291,550
2,256,269	1,782,204
14,262,237	13,073,754

\$

20,889,109

YWCA IS ON A MISSION

\$ 22,980,157

STATEMENTS OF ACTIVITIES

FOR THE YEARS ENDED SEPTEMBER 30, 2022 AND 2021

OPERATING ACTIVITIES:	2022	2021
REVENUES AND OTHER SUPPORT:		
Program Service Fees:		
Government contracts	\$ 7,016,731 \$	
Individuals and other	1,604,998	1,235,803
Grants and contributions	1,379,347	1,060,987
United Way	370,300	209,640
Special events, net of expenses of \$26,620 and \$14,105 in 2022 and 2021, respectively	33,414	17,852
Investment income, net of fees of \$14,789 and \$18,098 in 2022 and 2021, respectively	44,738	32,589
Miscellaneous income	47,871	48,426
Membership dues	6,157	6,259
Capital campaign contributions	411,565	1,154,571
Total revenues & other support	1 <u>0,915,121</u>	9,015,553
EXPENSES:		
Program Services	6,354,141	5,699,054
Supporting Services	2,543,154	2,439,070
Total expenses	8,897,295	8,138,124
Change in net assets from operations	2,017,826	877,429
NON-OPERATING ACTIVITIES:		
Realized and unrealized (loss) gain on investments, net	(410,964)	220,645
Loss on disposal of property and equipment	(40,899)	(127,230)
Reimbursement of developer's expenses	-	155,504
State historic tax credits	-	1,944,000
Interest income on note receivable	166,204	166,204
Service fees from Master Tenant	20,000	20,000
Rent paid to Master Tenant	(402,573)	(381,376)
Related expenses paid to Master Tenant	(161,111)	(103,050)
Government grant - forgiveness of PPP loan	<u> </u>	1,039,466
	(829,343)	2,934,163
Change in net assets	1,188,483	3,811,592
NET ASSETS - BEGINNING OF YEAR	13,073,754	9,262,162
NET ASSETS - END OF YEAR	\$ 14,262,237	13,073,754

Audited financial statements are available at www.ywcacm.org





DONORS

The YWCA Central Massachusetts is grateful to the many individuals, businesses, foundations, family funds, and civic organizations that made cash gifts or pledge payments between October 1, 2021 and September 30, 2022. The following list recognizes those that have provided unrestricted operational and program support as well as restricted and capital gifts. The list also includes designations through workplace campaigns.

▲ 5 years or more consecutive giving

\$100.000 +

TJX Foundation United Way of Central Massachusetts YWCA Northeastern Massachusetts

\$50,000+

Greater Worcester Community Foundation Health Resources in Action UMass Memorial Health Care Women's Initiative, United Way of Central Massachusetts 🔺

\$25,000+

The Center for Hope & Healing Community Foundation of North Central Massachusetts 🔺 Fred Harris Daniels Foundation **A** The Ruth H. and Warren A. Ellsworth Foundation Hermann Foundation Massachusetts Bar Foundation A Corinne C. Turner Foundation **A** United Way of North Central Massachusetts YWCA USA

\$10,000+

Anonymous (1) **Bay State Savings Bank** Berkshire Bank Cornerstone Bank A **Country Bank** Hoche-Scofield Foundation Metzger Family Fund of Greater Worcester Community Foundation National Grid Foundation **Reliant Foundation** The San Diego Foundation -Hologic UniBank for Savings Webster Five Foundation A

\$5,000+

DCU for Kids **Dick's Sporting Goods** Foundation Douglas and Isabelle Crocker Foundation The Fletcher Foundation **A** Girls Inc. of Worcester

Marsh & McLennan New England 🔺 Massachusetts Bankers Association Charitable Foundation, Inc. **OpenSky Community** Services TD Charitable Foundation The George R. Wallace Foundation

\$2,500+

Mary Fletcher 🔺 Hanover Insurance Group Foundation Lionel M. Lamoureux and Cynthia E. Lamoureux Fund of the Greater Worcester Community Foundation Joseph and Ellen MacDonough 🔺 Susan Mailman Nypro Foundation Melinda L. Persons Fund of the Community Foundation of North Central Massachusetts 🔺 Shellev and Todd Rodman 🔺 Schwartz Charitable Foundation **Tapper Charitable** Foundation Elizabeth Tapper **Elizabeth Thompson** Trinitarian Congregational Church 🔺

\$1.000+

Anonymous (1) Amane AbdelJaber Agnes M. Lindsay Trust Margarete Arndt, DBA Atlas Distributing Corp. Joyce Augustus 👗 Elizabeth Bacon Sarah Berry Christie Bik 🔺 Marie-Elissa Boisvert Roberta Brien 🔺 Gail Carberry Clinton Savings Bank Ingrid Cruse Lori Dawson 🔺 Kristin DeSousa 🔺 Carolyn Knight Dik Fund of the Greater Worcester Community Foundation * Marianne Felice 🔺 Fidelity Bank

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UP TO \$999

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UP TO \$249

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UP TO \$100

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OTHER

Amazon Smile Foundation **Big Y Community Bag Program** Facebook PayPal Giving Fund

UNITED WAY PARTNERS

United Way of Central Massachusetts United Way of Greater Plymouth Country United Way North Central Massachusetts

GOVERNMENT

Child Care Resources City of Worcester Mass Department of Conservation and Recreation Mass Department of Early Education and Care Mass Department of Elementary and Secondary Education Mass Department of Housing and Community Development Mass Department of Public Health Mass Department of Revenue Mass Department of Transitional Assistance Health and Human Services

Mass Office of Victim Assistance

U.S. Department of Justice, Office for Victims of Crime

FISCAL SPONSORSHIP

Coalition for a Healthy Greater Worcester

Greater Worcester Community Foundation Health Resources in Action Open Sky Community Services **Reliant Foundation** UMass Memorial Health Care

Massachusetts Women of Color Coalition

Charlotte Golar Richie Sayra Pinto

Our Story Edutainment

Greater Worcester Community Foundation United Way of Central Massachusetts

Thank you to all those individuals who participated and supported our fundraising events as well as the dozens of local businesses that donated their services and/or gift items to -Daybreak Breakfast, Stand Against Racism, and Tribute to Women-Katharine F. Erskine Awards

SPECIAL EVENT SPONSORS

Davbreak Breakfast Reliant Medical Group - Part of Optum Care Worcester State University

Stand Against Racism

Unum

Central Mass Housing Alliance LUK. Inc. North Atlantic States Regional Council of Carpenters Local 336 Open Sky Community Services Rainbow Child Development Corp. Shelley Rodman

Tribute to Women-Katharine F. **Erskine Awards Luncheon**

AIDS Project Worcester Clark University **Country Bank** Fallon Health 🔺 Fontaine Bros., Inc. Grafton Job Corps. Hanover Insurance Group Foundation 🔺 National Grid 🔺 PENTA Communications, Inc. **Open Sky Community** Services **Ouinsigamond Community** College UMass Memorial Health Care 🔺 Unicare Unum Women's Initiative, United Way of Central Massachusetts



The YWCA wishes to acknowledge all the individuals and companies whose in-kind donations have a much greater impact on YWCA programs and their participants than people may realize. Whether they are books or games for the children in our child care centers or emergency shelter, small household items for women in our transitional housing program or gifts for families during the holidays. THANK YOU!

WE GRATEFULLY ACKNOWLEDGE OUR DONORS

Staff make every attempt to ensure that the information included in these lists are accurate and complete. If there are omissions, misspellings or other errors, please report them to the Development Office at 508-767-2505, extension 108 and please accept our apologies.



LIVE CAMPAIGN DONORS



CORNERSTONE GIFTS \$1,000,000

SPECIAL GIFTS ABOVE \$10,000 Marie and Michael Angelini

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Avidia Bank

George I. Alden Trust The Stoddard Charitable Trust

LEADERSHIP GIFTS above \$100,000

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Foundation

- The Albert J. Gifford Charitable Trust
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- The Hillis Family Foundation, Inc.
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Phyllis Pollack

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