eliminating racism
empowering women
ywca
Central Massachusetts



Fitness Plans

Annual Fitness Plans include access* to our:

☑ **Fitness Center** ☑ **Pool** ☑ **Drop-in Aquatic Activities**
☑ **Locker Rooms** ☑ **Steam Rooms** ☑ **Basketball Court***

Fitness members also receive exclusive pricing on personal training, and registered classes, plus an orientation to the Fitness Center.

**Some access restrictions apply*

PAYMENT PLAN	ADULT	HOUSEHOLD 4 Individuals	SENIOR/STUDENT Students ages 18-24 with college I.D and adults 60+	SENIOR HOUSEHOLD 4 adults (ages 60+)	YOUTH **Ages 6-17***
AUTOPAY MONTHLY WITH ANNUAL AGREEMENT	**$40**	**$60**	**$36**	**$53**	**$30**
AUTOPAY MONTHLY NO ANNUAL AGREEMENT	$50	$73	$43	$63	$30
PAY IN FULL	$334.99	$549.99	$289.99	$474.99	$219.99

YWCA IS ON A MISSION

REGISTRATION AND START-UP FEES

Registration Fee

All annual and monthly individual fitness plans require a $30 registration processing fee, $45 for households.

Monthly with Annual Agreement

Registration fee plus first month due at initiation; subsequent payments are auto-deducted from a checking, debit or credit card account beginning in second month of membership.

Monthly with No Annual Agreement

Registration fee plus first month due at initiation.
Payments are auto-deducted from a checking, debit or credit card account beginning in the second month of membership and ongoing until cancelation.

Additional Members

Our family fitness plans include 4 individuals.
Pay another $15/month per additional individual.

CONTACT INFORMATION

Fitness: 508-767-2505, x166 or email kbeardmore@ywcacm.org

Pool: 508-767-2505, x129 or email jdwinell@ywcacm.org

ENCOREplus®: 508-767-2505, x166 or email kbeardmore@ywcacm.org

AGE REQUIREMENTS & ACCESS POLICIES

Basketball Court Access

- YWCA Central Massachusetts regularly reserves the basketball court for childcare, youth and family activities, and we reserve the right to close the basketball court for facility activities at any time. If you would like to use the basketball court check our website at ywcacm.org or call the front desk at 508-767-2505 for availability.

General Facility Access

- All youth under the age of 13 must be accompanied by an adult (18 years of age or older) at all times, unless the child is actively participating in a supervised YWCA youth program or class. Inappropriate behavior can lead to suspension of privileges.

Locker Rooms

- All youth under the age of 13 must be accompanied by an adult (18 years of age or older) at all times.
- Youth under the age of 16 are not allowed in the Steam Room.

Fitness Center Center

- No youth under the age of 10 are allowed in the Fitness Center.
- Youth ages 10–12 must be accompanied by an adult age 18 or older in the Fitness Center
- Youth ages 13-17 who wish to use the Fitness Center, must schedule 1 orientation session with a staff member in order to use Fitness Center independently.

Pool

- All youth ages 6–12 must be accompanied by an adult (18 years of age or older) in the pool area, unless the child is actively participating in a supervised YWCA youth program or class.
- Children under age 6 must be accompanied by an adult (18 years of age or older) in the water at all times, unless the child is actively participating in a supervised YWCA youth program or class.